

Service Learning Projects

Connecting Service Learning to Curriculum

Project No. 38

1. **Class** 5
2. **Subject area** English Composition
3. **Topic** Health Care
4. **Name of the project** Health Care
5. **Name of the teacher/facilitator and School** Madam Rubina Ameen (Leader), Miss Ambreen Younas and Miss Uzma Patras
St. Joseph High School (English Medium), Satellite Town, Gujranwala.

6. **Summary of the project**

To bring awareness in the students of the school and the society about health care and to make them realize the importance of health care components and personal hygiene to prevent them from epidemics (diseases) which spread from one person to other.

7. **Objectives of the project**

- To make the students aware of health care and precautionary prevention from epidemics.
- Encourage the students to discuss the hygienic rules of health care with their parents, family members and relatives.
- To urge the students to bring awareness among neighborhood children and people about health care.
- To request the Government Executive District Officers (E.D.O) to provide the facilities of health care camp/Seminars for the people of society and give free medicines for epidemics. Seminars should be conducted by a Lady Health Worker (L. H. Vs). The teacher Miss Uzma is also a Lady Health Visitor. So, she can also serve for this purpose.
- To motivate the students to conduct surveys in the nearby schools and their neighborhood to know about health care rules. To create ability in the students to proffer their knowledge among their neighborhood students and people in Mohallah meeting (Neighborhood Meeting).
- To persuade the Government and N.G.Os to provide basic necessities to the society.
- Give opinion to the health care department of Government to aware the people about the health care rules and preventive knowledge of epidemics through pamphlets, bill boards and cable advertisements.



8. **Learning component of the project**

- The students will gain knowledge about health care and how to keep themselves safe from epidemic diseases.
- The students will learn how to conduct surveys and interpret the results.
- The communication skills of the students will improve.

8.1 **Approximate number of hours to be spent on learning by each student**

7 hours

9. **Service component of the project**

The students will teach other students, their family members and their communities about the importance of personal hygiene and health care.

9.1 **Approximate number of hours to be spent on providing services by each student**

15 hours

10. **Key messages of the project**

- Pay attention towards your personal hygiene.
- Junk food makes you lazy and fat.
- Healthy food makes you strong and active.
- Vaccinate infants and children to save them from fatal diseases.
- Wash your hands before every meal.
- Stay in your homes if you have caught some infectious disease.
- Wear mask if any epidemic breaks out.

11. **Outcomes of the project**

- The students will become aware of personal hygiene and how to keep safe from infectious diseases.
- The students will be able to convey their message to other students, their family members and the community about health care.
- The students will understand the consequences of unhygienic habits.
- They will be able understand the consequences of the unhygienic habits.
- The government will be persuaded to ensure that the roads and streets are cleaned daily.



12. Project cycle

12.1 Preparation stage

- Brainstorming sessions will be organized with the students. The students will come up with innovative ideas for the project
- Teaching sessions will be held during regular classes in science periods to bring awareness among students.
- The students will be given tips about health care and how to keep themselves safe from epidemic diseases.
- The teacher Miss Uzma, who is also working as a Lady Health Visitor will be chosen to give a lecture to students on health care.
- The students will be prepared for conducting a stage play about health care.
- The students will be given tips about conducting interviews.
- The students will be divided into five groups for conducting the project.
- The students will be given tips on making charts and models.
- The students will be given tips for writing letters to the Government Executive District Officers (E.D.Os) and heads of the NGOs.

12.2 Action stage

- The students will study information about health care and healthy food.
- The students will present a stage show on the topic of health care in front of the whole school in the Morning Assembly.
- The students will bring awareness among other students, their family and their community members about personal hygiene and healthy food.
- First group will prepare pasting material, i.e; charts, posters, banners, models and dust bins for each class and playground.
- The second group will inspect the uniforms and nails of the students.
- The third group will paste the charts, badges and banners on the final day of exhibition for parents and Youth Engagement Services (YES) Network Team.
- The fourth group will distribute soaps in each class.



- The fifth group will distribute dust bins in each class and will encourage students to pick waste paper from classrooms and playgrounds.
- All the students will conduct a survey in their school and in their communities about health care. Each group of students will visit three different places in a community. They will arrange Neighborhood meetings in order to make people realize about the benefits of personal hygiene. They will also persuade people to get their children vaccinated.
- The students will also make videos of the meeting.
- The students will write letters to the Government Executive District Officers (E.D.O) for persuading them to arrange facilities for health care in their communities.
- The students will also write letters to the heads of the NGOs for convincing them to provide basic necessities to their communities for health care.

12.3 Reflection stage

- The students will share their experience of working on the project with their teacher and class fellows.
- Following questions will be asked from the students related to their project;
 1. What do you understand by the term health care?
 2. Do you think it is good to get vaccination in precaution?
 3. Why students eat junk food during recess period in spite of bringing lunch from their homes?
 4. What were your feeling while doing survey and conducting Neighborhood Meeting?
 5. What were your feelings when you inspected the uniform of the students in the school?
 6. What precautions you would take if an epidemic breaks out?
- The students will be given a performa to fill in, so that they can assess their own learning from the service learning project.
- The teacher will also fill a performa to assess and rate the performance of the students.

12.4 Recognition and celebration

A ceremony will be arranged to celebrate the success of the project. Outstanding students will be awarded with shields and certificates. An exhibition will be arranged in which posters, charts, banners and models made by the students will be displayed. The founder of the Youth



Engagement Services (YES) Network will be invited as chief guest for the exhibition. The report of the project will be published in the newspaper and the school's magazine.



YES Network Pakistan



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